

# Prep

The following is an explanation of the integrated unit for each term.

## TERM 1 2009

Welcome to Prep.

This unit introduces children to Prep and the Goondi 5. They begin to learn the routines and develop positive relationships. Children are taught to use school equipment safely and to begin to be responsible for personal equipment. A focus on developing positive relationships within the class is combined with learning about the senses. During this unit children are introduced to early literacy and numeracy concepts and are developing motor skills.

## TERM 2 2009

### Healthy Eating

This unit introduces the children to different food groups and the recommended consumption of these foods in our diet. The children will have opportunities to cook and share a range of foods from different food groups. The unit will provide opportunities for the children to try new foods at school and to discuss healthy food choices and ways to balance food choices to stay healthy

The children will grow vegetables and herbs in the class garden. These foods will either be eaten raw or prepared and cooked in class. The class will keep a digital diary of the progress of the garden. The children will prepare small platters of foods cooked from the garden for parents to taste at a Parent Morning Tea.